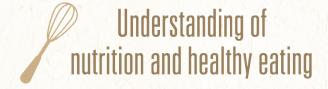




To inspire, mentor and enable youth to reach their full potential.







#### THE FOUR PILLARS



Development of life skills through food



Development of culinary skills

#### THE FOUR PILLARS

Emeril's Culinary Garden & Teaching
Kitchen is a national education program that
integrates culinary gardens and teaching
kitchens in schools to create interactive
learning environments, foster critical thinking
and nurture life skills for success beyond the
classroom.

By integrating our program's four pillars, we pave the way for healthier and appreciative relationships with food for all children, families and communities.



#### THE FIRST OF ITS KIND

As a first-of-its-kind program,

Emeril's Culinary Garden and Teaching Kitchen is revolutionizing hands-on culinary education and improving the health of our nation's communities by transforming our children's relationship with food. We help guide participating schools with financial and curriculum support that allows students to thrive and schools to succeed.

The curriculum provides guidelines for takehome resources, performance standards and metrics for measuring outcomes.

- A \$500,000 grant to assist schools with implementing the program.
- A K-8 gardening and cooking curriculum that is aligned with national academic standards.
- Over 100 of Chef Emeril's recipes that have been modified for the classroom and can be easily prepared at home.
- Provides necessary teaching materials including small-ware cooking equipment for student cooking classes and food supplies for student lessons.
- Garden and cooking education best practices and guidelines; and teacher training on how to use the tools provided with the program.

## THE NEED IS GREAT

Your support of our program will help break cyclical links between poverty, educational achievement and health by improving the opportunities provided to children of low-income households.

Through physical activity in the garden and healthy cooking in the kitchen, our programs improve academic instruction effectiveness with unique and engaging lessons that

support children in and beyond the classroom.



## HOW WE MAKE A DIFFERENCE

#### MAKING A REAL IMPACT

While a student's socioeconomic status is the main predictor of academic achievement, the types of teaching models and instructional practices used in schools can have the same level of impact on student learning.

#### HANDS-ON LEARNING

By teaching hands-on lessons directly in kitchens and garden settings, students are actively engaged and more receptive to life skill lessons and nutritional literacy, which can indirectly combat rising childhood obesity levels.

#### **ENGAGING STUDENTS**

When students are engaged, learning becomes easier and the likelihood of academic success increases. Our program allows students to play a direct role in their own learning process.

#### IMPROVING COMMUNITY HEALTH

Our lessons are intentionally created to be applicable to all ages, allowing students to integrate teachings into family and community member lives for a wholistic approach to improving community health.



### INCREASING OUR IMPACT

3,237 STUDENTS ENGAGED

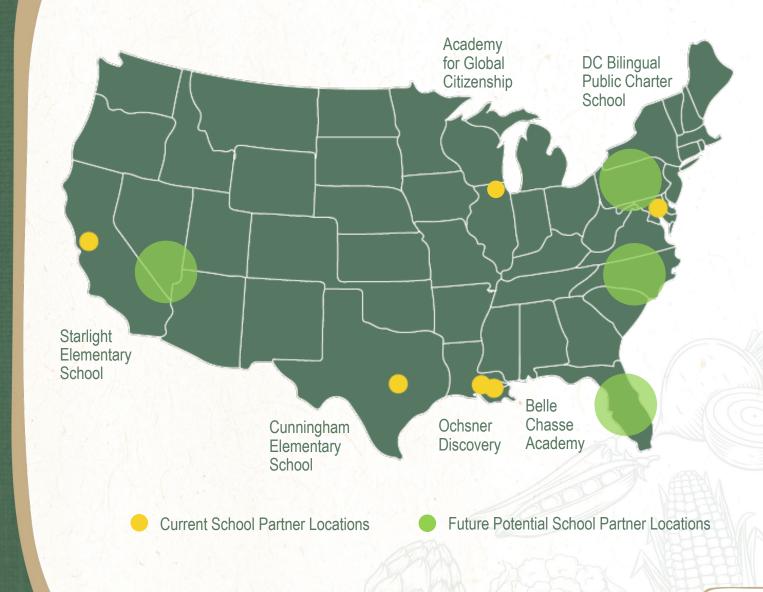
4,856

PARENTS, TEACHERS
& FAMILY MEMBERS
IMPACTED

66

FAMILY & COMMUNITY EVENTS

3,149
LESSONS TAUGHT IN GARDEN & KITCHEN





## ENHANCING STUDENTS LIVES

After one year of implementing
Emeril's Culinary Garden & Teaching
Kitchen at their school...

96%

Of teachers agree the program has

## IMPROVED STUDENT'S ATTITUDE

toward fresh fruits and vegetables

80%

Of teachers report an overall

IMPROVEMENT IN ACADEMIC PERFORMANCE

by students

95%

Of teachers report

IMPROVED CONFIDENCE, COOPERATION, CREATIVITY & RESPECT

by students

100%

Of teachers report

## IMPROVED KNOWLEDGE OF NUTRITION

and healthy eating habits by students



"My students had authentic learning experiences from the garden to the kitchen: growing the food we eat, understanding the climate and weather and their impact on our environment, connecting culture and social history to food and natural resources, etc."

#### - THIRD GRADE TEACHER

Cunningham Elementary School, Austin, TX



# ALSO... DOING GOOD FEELS GOOD.

However you do it, helping others is the right thing to do.





## THANK YOU!

You are invited to learn more at emeril.org